A WEEK OF SCRIPTURE MEDITATION AND WRITING

Delight in God's Word

Day 1 **Date** _____

WRITE / Psalm 1:1-3

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

What does the image of a tree by water suggest about delighting in God's Word?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Be still

Day 2 **Date** _____

WRITE / Psalm 46:10-11

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

What do these verses invite you to remember when life feels unsettled?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Trust God's direction

Day 3 **Date** _____

WRITE / Proverbs 3:5-6

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

Where are you relying on your own understanding? What might trust look like there?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Receive Christ's rest

Day 4 **Date** _____

WRITE / Matthew 11:28-30

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

Which words in Jesus' invitation speak to a burden you're carrying?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Abide in Christ

Day 5 **Date** _____

WRITE / John 15:4-5

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

What does the vine and branches image show you about depending on Jesus?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Set your mind on what is good

Day 6 **Date** _____

WRITE / Philippians 4:8-9

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

Which quality in Paul's list would you like to give more attention to today?

A phrase I want to carry with me

A WEEK OF SCRIPTURE MEDITATION AND WRITING

Let the Word dwell in you

Day 7 **Date** _____

WRITE / Colossians 3:16-17

Read the passage slowly, then copy it from your preferred Bible translation.

MEDITATE

How might Christ's words shape something you say or do today?

A phrase I want to carry with me

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